



Family Acceptance Project (FAP)
San Francisco State University
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RESEARCH-BASED EDUCATIONAL MATERIALS

Family Education Booklets

Supportive Families, Healthy Children: Helping Families with Lesbian, Gay, Bisexual & Transgender Children

“Supportive Families, Healthy Children is an indispensable part of every conversation with every parent, prospective parent and caregiver – and with professionals who provide counseling, health and other services to children, youth and families.”

Stan Griffith, President Emeritus
Greater Boston PFLAG

“Your respect for families, for diverse cultures and religious beliefs is so clear – and so important for families who are struggling to help and protect our children. This publication will open minds and save lives! Thank you!!!”

Graciela, mother of a lesbian daughter,
Texas

“I was in tears by the time I finished reading the booklet. It meant so much to me to see that there are other LGBT Chinese people that are supported by their families, and it brings me hope that it will help my family accept me too.”

Jiang, 18, gay student, New York

“This booklet helped my family heal after many years of alienation and shame. They never had a way to understand what happened to me – until now. I’m an adult, but this information can help connect families at any stage of life. It’s never too late!”

Trina, 52, transgender adult, Michigan

“Gone are the days when Mormon parents — many armed with good intentions but alarmingly little data — felt compelled to choose between their children and their faith. We don’t have to wonder how to keep our gay youth from killing themselves anymore. Our solution is here.”

Mitch Mayne, Executive Secretary
SF Bishopric, Bay Ward, Church of Jesus Christ of Latter-day Saints

1st “Best Practice” Resource for Suicide Prevention for LGBT Youth & Young Adults
— Best Practices Registry for Suicide Prevention



BASIC VERSION IN ENGLISH, SPANISH & CHINESE



Research-based guidance that educates diverse families, foster families and caregivers on compelling research findings from the Family Acceptance Project (FAP) to help families support their LGBT children and youth, decrease their risk for suicidal behavior, substance abuse, HIV and ejection or removal from their home, and promote their well-being.

These booklets also educate providers and clergy on how to talk with and counsel families about decreasing risk, strengthening families and building their children’s well-being.

Created with extensive guidance from ethnically and religiously diverse families with LGBT children, as well as LGBT youth and providers, these booklets include family stories and specific accepting and rejecting behaviors that FAP research has shown to be significantly related to suicidal behavior and other health risks and to self-esteem and positive development.

Lower literacy versions are in development.

FAITH-BASED VERSIONS

First Faith-Based Version: Supportive Families, Healthy Children: Helping Latter-day Saint Families with Lesbian, Gay, Bisexual & Transgender Children

Hailed as a “lifeline of hope” for LGBT Mormons and their families, this is the first in a series of faith-based versions of FAP family education materials that share key research findings and family support approaches in the context of religious doctrine and beliefs. This version for Mormon families is also a “Best Practice” for suicide prevention.

Versions for families from other religious backgrounds are in development.

To order print copies or to help support this work contact: fap@sfsu.edu

Publications, resources, assessment tools, family intervention strategies, training materials & curricula published by the Family Acceptance Project are based on rigorous research and extensive work with ethnically and religiously diverse families, foster families & caregivers and their LGBT children.